

The Better Relationships Package (Secondary)	
Priority:	Reducing teenage pregnancy and promoting sexual health
Healthier Behaviour Outcomes:	<p>Choose 2 of the following:</p> <ol style="list-style-type: none"> 1. Increase the number of young people who report they found lessons on sex and relationships useful 2. Increase the number of young people who report having been consulted on the content of the SRE curriculum taught at school 3. Increase the number of young people accessing sexual health advice from the school drop-in 4. Increase the number of young people who feel that the school drop-in is accessible and meets their needs
Activities:	<p>Needs analysis:</p> <ul style="list-style-type: none"> • Audit whole school provision for SRE using Wiltshire audit tool • Consultation with young people to assess current provision of school drop-in centre • Analysis of data from school drop-in (attendance figures, advice sought, no. of repeat visits etc) <p>Planning and preparation:</p> <ul style="list-style-type: none"> • Identify curriculum development needs and formulate an action plan as required • Identify staff development needs and plan to address these at school or cluster level <p>Implementation:</p> <ul style="list-style-type: none"> • Cluster governor training to update governors on national developments and expectations relating to PSHEE and SRE • Set up learning opportunities for parents and carers around relationships and sexual health (eg Speakeasy training) • Communicate HS+ planned activities to wider school community (parents, pupils, staff and governors etc) • Specialist training (e.g. Christopher Winter Project, Delay training, No Worries etc) • Review and revise school PSHEE/SRE policy to reflect changes in school provision <p>Ensure that you:</p> <ul style="list-style-type: none"> • Embed HS+ outcomes in the SEF and school development plan • Set up/use cluster school council network to audit pupil perceptions of current SRE and school drop-in provision
PDE Team Support:	<ul style="list-style-type: none"> • Provision of SRE audit tool and cluster-based support for completing it and reviewing the findings • Wiltshire training to support national PSHEE CPD accreditation • Cluster training on promoting health in PSHE • Cluster or school-based/twilight training on teaching SRE • Cluster parents evenings support • Governor training • PSHE curriculum review • School policy review • Signposting to appropriate resources and organisations

Suggested resources:	<ul style="list-style-type: none"> • Wiltshire PDE Team training and support • Christopher Winter Project – scheme of work and coaching programme for teachers www.tcwp.co.uk • Speakeasy training for parents and carers www.fpa.org.uk/Communityprojects/Parentsandcarers • Guidance for setting up and running multi-agency health and wellbeing drop-ins for Young People (Wiltshire Council/ NHS Wiltshire publication 2010) • Kaleidoscope – KS3 Scheme of Work • ‘Are you getting it right?’ – NCB toolkit for consulting young people • ‘You’re Welcome’ quality criteria – making health services young people friendly – co-ordinator Margaret Winskill, NHS Wiltshire Email: Margaret.Winskill@wiltshire.nhs.uk
Early Success Indicators:	<p>Example Process:</p> <ul style="list-style-type: none"> • Pupil consultation completed by ... (date) • SRE audit completed and needs identified by ... (date) • Governor training delivered by ... (date) • Family learning activities planned by ... (date) • Policy reviewed by ... (date) • Increase in number of staff trained by ... (date) <p>Impact:</p> <ol style="list-style-type: none"> 1. Increase the number of young people who report they found lessons on sex and relationships useful to X by month/year 2. Increase the number of young people who report having been consulted on the content of the SRE curriculum taught at school to X by month/year 3. Increase the number of young people accessing sexual health advice from the school drop-in to X by month/year 4. Increase the number of young people who feel that the school drop-in is accessible and meets their needs to X by month/year
Source of Baseline Information:	<ol style="list-style-type: none"> 1. How useful have you found school lessons on sex and relationships? Very Useful Quite Useful Some use Not at all useful I can't remember any 2. Have you been asked to contribute to the content of the SRE curriculum in your school? Yes No 3. Drop-in centre attendance records 4. Do you think the drop-in centre at your school meets your needs? Yes Mostly Not at all